



RAINBOW DIVERSITY  
INSTITUTE

**Respecting Me Includes Respecting My**

# **Pronouns**

**Did you know...**

**Pronouns have never been restricted to just "she" and "he."  
There have always been more!**

**The singular "they" has been around  
longer than Shakespeare.**

**It might take some practice, but if you can ask  
about and learn basic information about people,  
you can also ask and learn their pronouns.**

**If you make a pronoun mistake, say "thank you."  
to the person who pointed it out, correct yourself,  
then continue with what you were saying.**

**Pronouns aren't minor. They are as important  
as our names, families, cultures, religions, and  
other essential parts of our Identities.**

**Nobody should feel forced to defend their pronouns.  
That includes being made to repeatedly remind  
and educate others who have already been  
informed. Mean-spirited humour, putdowns, and  
statements that reduce pronouns to matters of  
inconvenience or emotional fragility are personal  
attacks and never appropriate.**

**Learn More About Proouns at  
[www.RainbowDiversityInstitute.com](http://www.RainbowDiversityInstitute.com)**