

WE ARE FAR MORE THAN WOMEN & MEN

# Gender Diversity

Respecting Each Other Requires  
Recognizing All Genders

Gender is part of our intuitive sense of self. Just like many things about being human, gender is scientifically complicated and doesn't exist in a binary of just two categories.

Most of the time, our gender is assumed based on the best guess made using our anatomy at birth. Many of us feel connected to that sex and gender assigned at birth or never think much about it. This is called being cisgender, which is a neutral term.

There are also many people who know that they do not match what was assigned to them at birth. They may decide to come out, transition, share their accurate pronouns, or reflect their gender in how they look (just like cisgender people). There are many words to describe these genders, depending on who they are.

Gender diversity isn't new, and it is very well backed by solid science. However, even more importantly, we don't have to understand everything about each other to learn how to respect each other and be kind. Recognizing and respecting gender diversity is essential to equity, diversity, and inclusion.

