



RAINBOW DIVERSITY
INSTITUTE

Active Allyship

Doing the Work
To Create Change



Listen, Learn, Amplify, Stand Back.

Allyship means keeping the focus on the needs and experiences of those with less privilege. That often requires stepping back from recognition and leadership.

Be Openly Accountable.

Allyship and humility go together. So instead of being fragile or defensive, engage in accountability processes that create change.

Hold Others Accountable.

Part of allyship is doing the risky work of using your privilege to confront others and hold them accountable to change, uncomfortable as that is.

Think before you post.

Avoid contributing to the trauma of racism and other oppressions by refusing to sensationalize hate crimes further. Instead, take action.

Allyship is earned everyday

Being an ally is a title that is earned, not self-declared. So keep doing the work and recognize that your efforts are meant to benefit all of us together, not you as an individual.



Learn More About Allyship at
www.RainbowDiversityInstitute.com